PROGRAMME MAP

Where this series fits.

A side-by-side view of the five age groups, the working titles, and the values each unit primarily explores.

Age Group	Ages	Working titles	Primary themes
Little Hearts	4–5	Stories of Kindness · First Steps in Mindfulness · My Friends and Me	Kindness · Sharing · First feelings
Tiny Steps	5–7	Big Hearts, Small Hands · The Buddha's Tales · Babasaheb as a Boy	Friendship · Honesty · Helping others
Junior Programme	7–11	Compassion in Action · The Path of Dhamma · A Constitution for Equals	Dignity · Fairness · Mindfulness · Citizenship
Youth Programme	11–14	Ethics & Society · Ambedkar: Justice & Reform · Mindfulness & Modern Life	Ethics · Justice · Multi-faith respect
Senior Programme	14–16	Buddhism & Citizenship · Equality, Rights & Responsibility · Source-based Inquiry	Rights · Responsibility · Reflective writing

Cross-cutting threads (every age group)

- **Shared values:** dignity, fairness, mutual respect, kindness and the rule of law.
- **Whole-child development:** spiritual, moral, social and cultural growth — explicit reflection in every chapter.
- **Multi-faith respect:** comparative references to Christianity, Islam, Sikhism, Hinduism, Judaism, humanism.
- **Safeguarding:** story themes mapped to your existing wellbeing policy and referral pathways.